



A Help Me Be Good Book About

# Disobeying

By Joy Berry





You are disobeying when you do not do what you have been told to do.

Your parents have good reasons for telling you what to do. This is why you should not disobey them.



IF YOU EAT A COOKIE  
**NOW**, YOU WON'T WANT  
TO EAT YOUR DINNER.

**SIGH!**

HOW ABOUT  
JUST A  
NIBBLE?



Sometimes you might not agree with your parents. Tell them how you feel.

They might change their minds. If they do not change their minds, drop the subject.

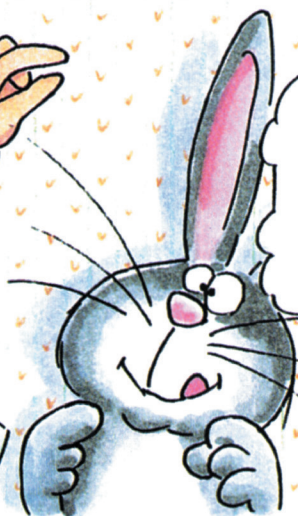
Nagging and throwing tantrums will only frustrate you and make your parents angry.





CAN'T I EAT SOME  
CANDY BEFORE  
DINNER, IF I EAT  
ONLY A LITTLE BIT?

**NO!** EVEN A  
LITTLE BIT OF  
CANDY WILL  
TAKE AWAY YOUR  
APPETITE FOR  
DINNER.



MAYBE I SHOULD  
HOLD IT UNTIL  
AFTER DINNER.



*Joy Berry*

Joy Berry is the author of over 200 self-help books for kids that have sold over 85 million copies.

The purpose of the **HELP ME BE GOOD** series is to help young children replace misbehavior with appropriate behavior. This 29-book series includes the following fully color-illustrated books:

**Being Lazy**

**Being Forgetful**

**Being Careless**

**Being Messy**

**Being Wasteful**

**Overdoing It**

**Showing Off**

**Being a Bad Sport**

**Being Selfish**

**Being Greedy**

**Breaking Promises**

**Disobeying**

**Lying**

**Interrupting**

**Whining**

**Complaining**

**Throwing Tantrums**

**Teasing**

**Tattling**

**Gossiping**

**Being Rude**

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**Cheating**

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**Being Bullied**

**Being Bossy**

**Being Destructive**

**Fighting**

**Being Mean**

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