

A Help Me Be Good Book About

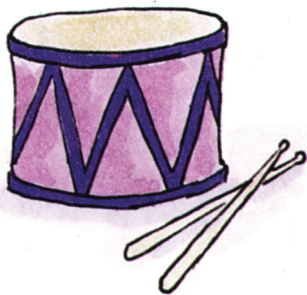
Complaining

By Joy Berry

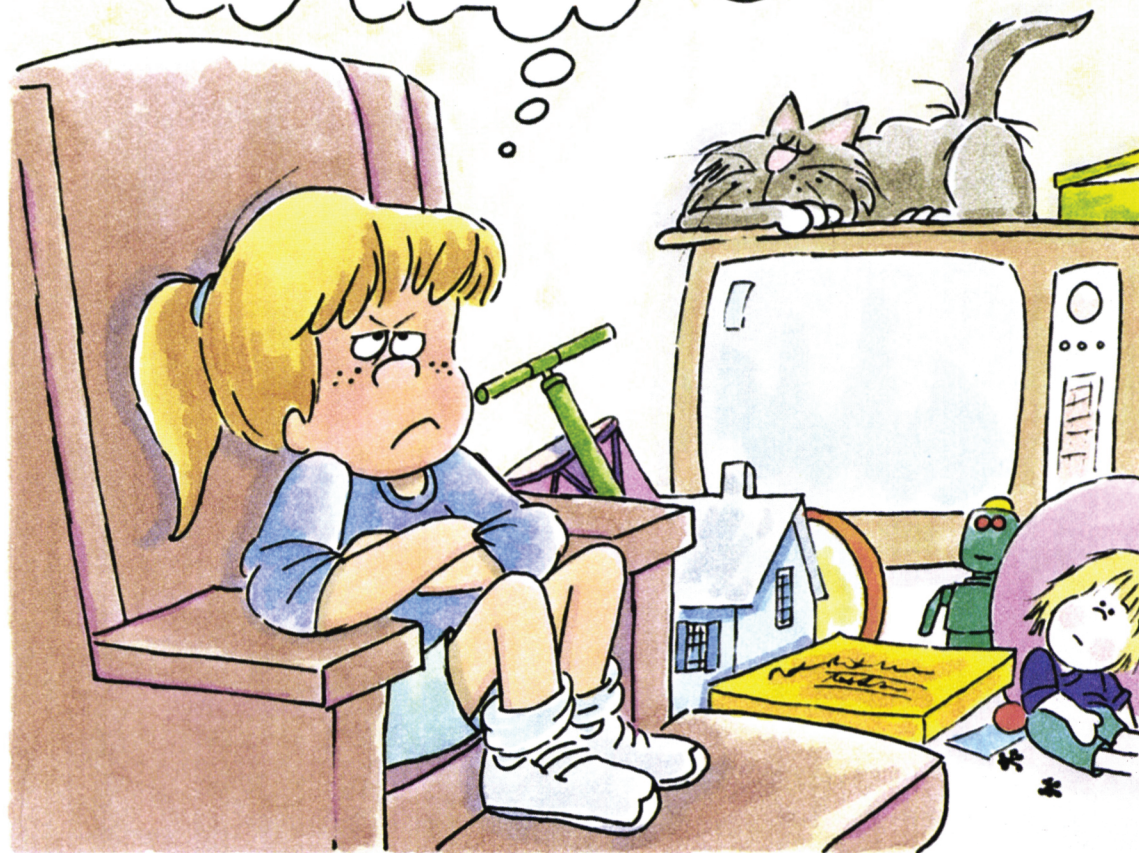


Too much complaining can make you feel bad.

It can cause you to think about the bad things around you instead of the good things.

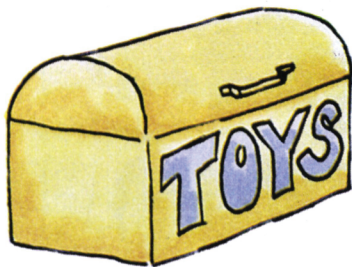


THERE'S NOTHING TO DO AROUND
THIS HOUSE. THERE'S NOTHING ON
TV. WE DON'T HAVE ANY GOOD
GAMES AND...



Think before you complain. Complain only if it will help change something that needs to be changed.

Accept things as they are if they cannot be changed. Do not continue to complain.



I'M TELLING DAD! HE
WILL MAKE SURE YOU
DON'T GET INTO MY
THINGS AGAIN!



AND STAY
OUT OF MY
STUFF TOO!



Joy Berry is the author of over 200 self-help books for kids that have sold over 85 million copies.

Joy Berry

The purpose of the **HELP ME BE GOOD** series is to help young children replace misbehavior with appropriate behavior. This 29-book series includes the following fully color-illustrated books:

Being Lazy

Being Forgetful

Being Careless

Being Messy

Being Wasteful

Overdoing It

Showing Off

Being a Bad Sport

Being Selfish

Being Greedy

Breaking Promises

Disobeying

Lying

Interrupting

Whining

Complaining

Throwing Tantrums

Teasing

Tattling

Gossiping

Being Rude

Snooping

Cheating

Stealing

Being Bullied

Being Bossy

Being Destructive

Fighting

Being Mean

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other works by Joy Berry visit
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