

Joy Berry  
CLASSICS

A Help Me Be Good Book About

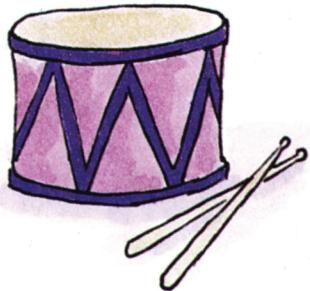
# Complaining

By Joy Berry

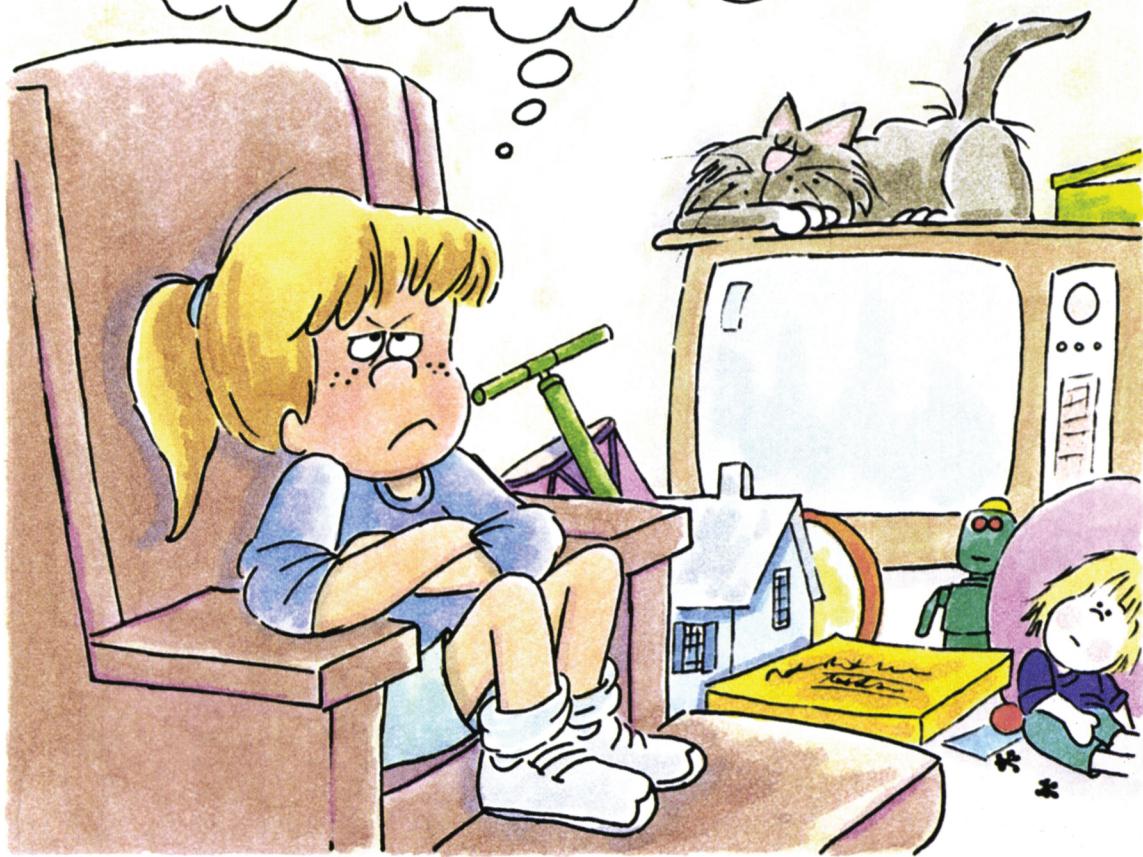


Too much complaining can make you feel bad.

It can cause you to think about the bad things around you instead of the good things.

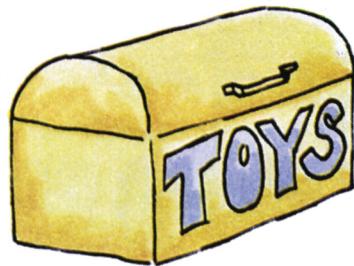


THERE'S NOTHING TO DO AROUND  
THIS HOUSE. THERE'S NOTHING ON  
TV. WE DON'T HAVE ANY GOOD  
GAMES AND...



Think before you complain. Complain only if it will help change something that needs to be changed.

Accept things as they are if they cannot be changed. Do not continue to complain.



I'M TELLING DAD! HE  
WILL MAKE SURE YOU  
DON'T GET INTO MY  
THINGS AGAIN!



AND STAY  
OUT OF MY  
STUFF TOO!



Joy Berry is the author of over 200 self-help books for kids that have sold over 85 million copies.



*Joy Berry*

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The purpose of the **HELP ME BE GOOD** series is to help young children replace misbehavior with appropriate behavior. This 29-book series includes the following fully color-illustrated books:

**Being Lazy**

**Being Forgetful**

**Being Careless**

**Being Messy**

**Being Wasteful**

**Overdoing It**

**Showing Off**

**Being a Bad Sport**

**Being Selfish**

**Being Greedy**

**Breaking Promises**

**Disobeying**

**Lying**

**Interrupting**

**Whining**

**Complaining**

**Throwing Tantrums**

**Teasing**

**Tattling**

**Gossiping**

**Being Rude**

**Snooping**

**Cheating**

**Stealing**

**Being Bullied**

**Being Bossy**

**Being Destructive**

**Fighting**

**Being Mean**

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