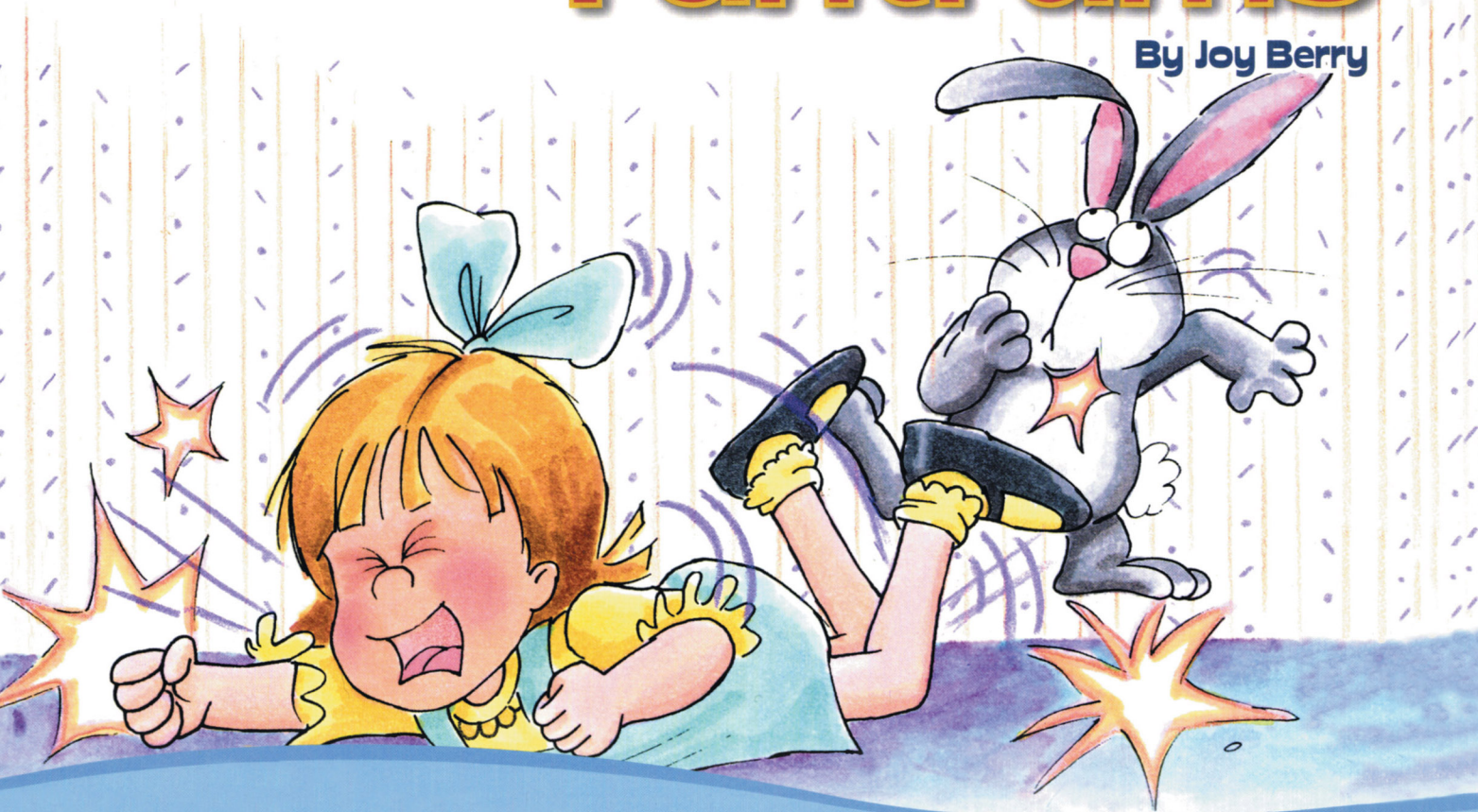




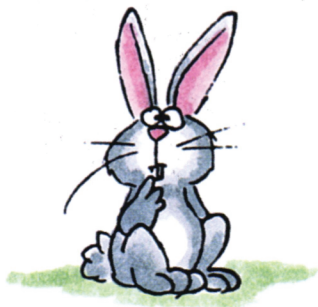
A Help Me Be Good Book About

Throwing Tantrums

By Joy Berry

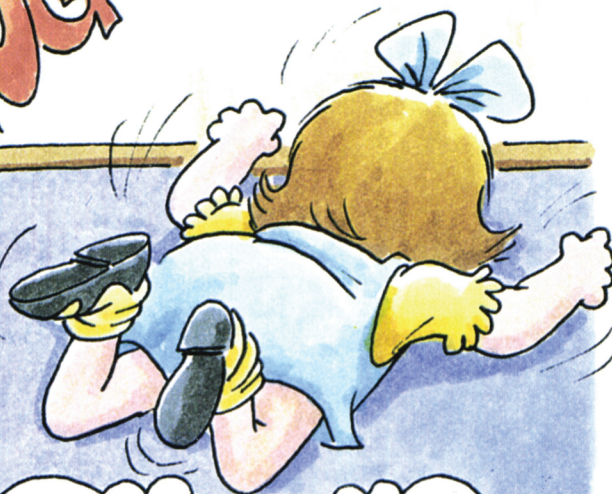


You are throwing a tantrum when you show your anger loudly and violently. A tantrum is an outburst of bad temper or anger.



HUH?

AUGGGHHH!



YEP! THAT LOOKS
LIKE A TANTRUM
ALL RIGHT!

When you are angry, you should never do anything to hurt yourself or others. You should not do anything that would damage or destroy things.

This does not mean you should not get angry. It does not mean you should keep angry feelings to yourself.







Joy Berry is the author of over 200 self-help books for kids that have sold over 85 million copies.

Joy Berry

The purpose of the **HELP ME BE GOOD** series is to help young children replace misbehavior with appropriate behavior. This 29-book series includes the following fully color-illustrated books:

Being Lazy

Being Forgetful

Being Careless

Being Messy

Being Wasteful

Overdoing It

Showing Off

Being a Bad Sport

Being Selfish

Being Greedy

Breaking Promises

Disobeying

Lying

Interrupting

Whining

Complaining

Throwing Tantrums

Teasing

Tattling

Gossiping

Being Rude

Snooping

Cheating

Stealing

Being Bullied

Being Bossy

Being Destructive

Fighting

Being Mean

For more great books and
other works by Joy Berry visit
joyberryenterprises.com